## "Quick Test" for Task/Relationship Orientation\*

| Subject                  | Task-Oriented                | Relationship-Oriented      |
|--------------------------|------------------------------|----------------------------|
| Speech                   | □ Flatter, little inflection | ☐ Active, range of tones   |
| <b>Topics to Discuss</b> | □ Facts, issues              | □ Stories, people-related  |
| <b>Body Language</b>     | □ Little movement            | □ Hand gestures, body      |
|                          |                              | movements                  |
| <b>Emoting</b>           | □ "Poker face"               | ☐ "Face is mirror of soul" |
| Flexibility              | □ Rule-based                 | □ "Rules are guidelines"   |
| Conversation             | □ Reserved, quiet            | □ Joins conversations      |
| Relating to others       | □ Distant                    | □ Easy to meet, talk to    |
| Giving opinions          | □ Must be pushed             | □ Volunteers opinions      |
| Attitude on              | □ Generally, appreciates     | □ Can resent supervision,  |
| supervision              | supervision                  | unless "good relationship" |
| <b>Decisions</b>         | □ Fact-based                 | □ Intuition, "gut hunch"   |
| Time utilization         | □ Disciplined                | □ Flexible, casual         |
| Demeanor                 | □ Generally serious          | ☐ More fun-loving          |
| Posture                  | □ Stiffer                    | □ Flexible, relaxed        |
| <b>Opinions</b>          | □ Fact-based, specific       | □ Anecdotal, general       |
| First encounters         | □ Not open, reserved         | □ Outgoing, engaging       |

|        | Task | Relationship |
|--------|------|--------------|
| Totals |      |              |

<sup>\*</sup> Test sources include Phillips, Dancing With Porcupines.

## "Quick Test" for Ask/Tell Orientation\*

| Subject                 | Ask-Oriented               | Tell-Oriented           |
|-------------------------|----------------------------|-------------------------|
| Speech                  | □ Slower                   | □ Faster, emphatic      |
| Questions               | □ Clarify, information     | □ Rhetorical, emphasize |
|                         |                            | own opinion             |
| <b>Body Language</b>    | □ Little body motion,      | ☐ Animated, hand-waving |
|                         | passive                    |                         |
| Emoting                 | □ Soft-spoken              | □ Loud, challenging     |
| Actions                 | □ Deliberate in speech     | □ Rapid movement and    |
|                         | and motion                 | speech                  |
| <b>Tense situations</b> | □ Withdraws                | □ Attempts to control   |
| Relating to             | □ Shy, withdrawn           | □ Forward, reaches out  |
| others                  |                            |                         |
| Giving opinions         | □ Tentative, hesitant      | □ Emphatic, decisive    |
| Assertiveness           | □ No                       | □ Yes, outspoken        |
| Decisions               | □ Goes along               | □ Wants "my way"        |
| Risk quotient           | □ Averse                   | □ Loves to gamble       |
| Demeanor                | □ Shy, wallflower          | □ Engaging, outspoken   |
| Posture                 | □ Lean back while          | □ Lean forward while    |
|                         | talking                    | talking                 |
| <b>Express opinions</b> | ☐ Avoids, defers to others | □ First to give         |
| First encounters        | □ Holds back, defers to    | □ Forward, takes the    |
|                         | others                     | initiative              |

|        | Ask | Tell |
|--------|-----|------|
| Totals |     |      |

<sup>\*</sup> Test sources include Phillips, Dancing With Porcupines.